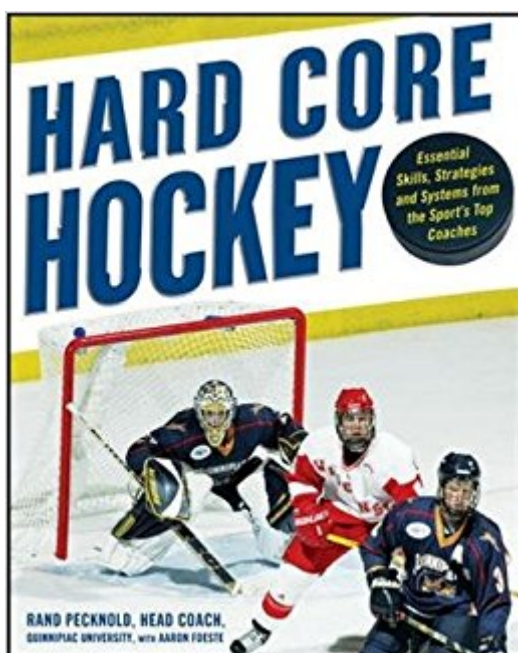


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# Hard Core Hockey: Essential Skills, Strategies, And Systems From The Sport's Top Coaches



## Synopsis

“Coach Pecknold has created a no-gimmicks system for teaching skills and strategy that gets players to the next level.” --George Gwozdecky, head coach of the University of Denver men’s ice hockey team, and 2005 National Coach of the Year  
Hard Core Hockey is an all-in-one guide to playing high-caliber hockey from a veritable who’s who of the world’s top coaches. Including advanced skating and stick-handling techniques, collegiate-level systems, and effective drills, it features contributions from Ted Donato, head coach of Harvard University; Frank Serratore, head coach at the United States Air Force Academy; and more.

## Book Information

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## Customer Reviews

Rand Pecknold is the head coach of Quinnipiac University’s men’s ice hockey team. Named the 2005 Atlantic Hockey Coach of the Year, he lives in Bedford, New Hampshire. Aaron Foeste is the author of *Women’s Ice Hockey Basics*. A former head coach at Columbia University, he lives in Madison, Wisconsin.

Decent book. Honestly, I couldn’t get quite as much value out of it as it assumes you are already playing hockey and / or very experienced hockey player. I was looking for more of a basics of hockey book. If you want basics of hockey, this is not your book. If you are an experienced player, this will give you some good insights on what coaches are looking for but it won’t necessarily give you solid drills and things to work on. I’d say this is more of a coaches resource than necessarily a

players.

GREAT

Lots of good info for coaches. Lot of drills and instruction. Was hoping for more goalie training information. Otherwise good.

A great book with great tips. My grandson wound up getting two given to him. The nature of hockey players to play more and to not read..... but this presented it well.

This book is a must for both veteran coaches and those looking to become elite coaches at any level. Co-author Rand Pecknold has taken Quinnipiac University from a Div. III team with a total of six wins in his first year to a Div. I team currently ranked number one in the country for the third consecutive week. We can all learn from this coach's logical, systematic approach to the game - and thankfully the book presents these systems in a user-friendly format. Hey, if Pecknold can take a program that's practicing at 4:15am and 12pm in a local rink to building a rink seating 3,500 and selling out, I'm game for whatever the guy's putting out there for advice! Put this one in your "wood pile" and come back to it when you need to stoke your hockey fire.

OK. a present , delivery on time receive it next day . good seller. This is a great bread product! It slices through my homemade bread with bees. It is nice and big, as well as solidly weighted.

There are a lot of how to coach hockey books, drill books, etc. out there, but this is the first book I found that teaches the finer points of the game. It explains the difference between what good players do and what elite players do, and what skills a player needs to be an elite player. It also has a chapter on elite goaltending skills. It is a must for any coach who wants to understand the game better and teach their players to play at a highly competitive level. It is also good for highschool players who want to know what it takes to play at the college level.

this is a very useful book for players that want the skills to bring their game to the next level. Also a good guide for coaches or people trying to improve their kid's hockey ability.

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